NEWS

Treating wounds on fingers and toes:

**ADAPTIC® DIGIT dressing**

Digit-specific dressing offers neat solution to fiddly injuries

Of all the injuries that cyclists can pick up, among the most difficult to treat are those to fingers and toes. All 20 digits play a vital role in any rider’s performance, whether they are pedalling, handling, braking or changing gear.

Treating injuries in these areas is complicated by the fact that standard “wraparound” bandages can become loosened due to sweating or friction, which can lead to such injuries becoming worse before they start to get better. However, Team Sky’s medical team are benefiting from a much more reliable solution to such injuries in the shape of Systagenix’s ADAPTIC® DIGIT dressing.

The ADAPTIC® DIGIT is made with a tacky, silicone-coated, open-knit cellulose fabric with a double-coiled tubular bandage that is specifically designed for dressing fingers and toes. It is convenient to apply, easy to remove, and, crucially, is not bulky. This ensures that the damaged digit maintains maximum flexibility.

The first non-adhering layer is placed at the tip of the damaged digit and smoothed down to cover any broken skin. A first ring of tube bandage is then rolled down over that primary strip, followed by a second rolled layer that provides further protection. No scissors or applicator are required during application of the dressing.

According to Team Sky doctor Maher Al-Ausi, “The ADAPTIC® DIGIT dressing has proven to be quite a neat solution for finger injuries. Traditionally, fingers and toes have been quite fiddly to dress, usually compromising in either fit or flexibility. In my experience the ADAPTIC® DIGIT provides the best of both worlds – the ADAPTIC® dressing snugly conforms around the finger, and because it is sewn into the roll-on bandage there’s no problem with applying the final layer.

“What you end up with is a comfortable, flexible and durable finger dressing. And because ADAPTIC® DIGIT is non-adherent, dressing changes are straightforward and non-traumatic to the underlying injury. It’s a great synergy.”
An evaluation of ADAPTIC® DIGIT in practice

We interviewed Fernanda Morandini Canova Morrone, Nurse Specialist in Dermatology at Complexo Hospitalar Edmundo Vasconcelos, São Paulo, Brazil, about her experience with the ADAPTIC® DIGIT

Which wound dressings do you currently use on finger injuries?
We use a number of different dressings depending on the type of wound, for example: A rayon dressing impregnated with essential fatty acids, the original ADAPTIC® wound contact layer, or an alginate, sometimes with a silver. We fasten the primary dressing with a tubular bandage or net.

Do you think ADAPTIC® DIGIT could save you time compared to your current dressings?
We evaluated ADAPTIC® DIGIT and found that we were able to speed up the dressing procedure for fingers and toes.

How easy is it to apply? On a scale of increasing satisfaction assign a score from 0 to 10.
The dressing is ready to use and appropriately packaged, it is easy to handle and apply to wounds on the fingers or toes. Score 9.

How easy is it to remove? On a scale of 0 to 10.
The dressing is easy to remove for a healthcare professional, by sliding it off the finger. Score 10.

How comfortable is it? On a scale of 0 to 10.
The dressing is comfortable because it allows mobility in the digital joint while maintaining the integrity of the dressing. Score 10.

Have you had any feedback from patients on comfort during use?
Yes, they found it comfortable, because they did not lose mobility in the digital joint and it is less bulky. They felt secure because the dressing fits well to the fingers.

Let’s Talk...
To learn more about the benefits of ADAPTIC® DIGIT, contact your Systagenix representative or visit www.systagenix.com